

Manteca Dental Care

| Rick Van Tran, DDS |
& Associates

After Sedation Care Instructions for Companion & Patient

1. Patient cannot drive or operate any hazardous device for 24 hours after taking sedation medication.
2. A responsible person should be with the patient until s/he has fully recovered from the sedation effects. That means someone needs to check on the patient every 10-15 minutes to ensure proper breathing.
3. Patient should not go up & downstairs unattended. Let patient stay on the ground floor until recovered.
4. Having nutrition after sedation is important. The patient should begin eating appropriate food and drink plenty of fluids as soon as possible. **DO NOT DELAY!**
5. Patient may seem alert when he/she leaves. This may be misleading so do not leave the patient alone.
6. Always hold patient's arm when walking.
7. Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.
8. Patient should not carry, sleep next to, or be left alone with the young children for a period of no less than 24 hours after the last dosage of medication.
9. Take medications as prescribed (only if doctor recommended a prescription).
10. Drive patient directly home. Call the office when you arrive at home with the patient safe & comfortable.
11. Do not hesitate to contact us if you have any questions or concerns.

Following most surgical procedures, there may or may not be pain, depending on your threshold for pain. You will be provided with medication for discomfort that is appropriate for you. In most cases, a non-narcotic pain regimen will be given consisting of Acetaminophen (Tylenol) and Ibuprofen (Advil). These two medications **TAKEN TOGETHER** will be as effective as a narcotic without any of the side affects associated with narcotics. If a narcotic has been prescribed, follow the directions carefully. If you have any questions about these medications interacting with other medications you are presently taking, **please call our office, your physician, and/or your pharmacist.**

If you have any questions, concerns, pain, or discomfort, please do not hesitate to contact our office!

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